



# YOGA FEDERATION OF INDIA

(REGD. UNDER THE SOCIETIES REGISTRATION ACT XXI OF 1860, REGD. NUMBER 1195, DATED 14.02.90)

AFFILIATED TO ASIAN YOGA FEDERATION, INTERNATIONAL YOGA FEDERATION & INTERNATIONAL YOGA SPORTS FEDERATION

RECOGNITION OF : INDIAN OLYMPIC ASSOCIATION - OCTOBER, 1998 TO FEBRUARY, 2011

REGD. OFFICE : Flat No. 501, GHS-93, SECTOR-20, PANCHKULA -134 116 (HARYANA) - INDIA

E-mail:- yfiashok2000@yahoo.co.in, Mobile No. +91-94174-14741, Website:- www.yogafederationofindia.com

## President

**ASHOK KUMAR AGGARWAL**

Mobile: +91-94174-14741

yfiashok2000@yahoo.co.in

## Director Competition/ Sr. Vice President

**INDU AGGARWAL**

Mobile: +91-94174-66398

yfiashok2000@yahoo.co.in

## Organising Secretary

**RAMAN KUMAR**

Mobile: +91-94173-62848

ramanyogi77@gmail.com

## Secretary General

**SANJAY KUMAR JHA**

Mobile: +91-94315-80782

tkjharanchi@gmail.com

## SR. VICE PRESIDENTS:

SH. S.S. GILL, IAS (RETD.)

(Punjab)

Dr. ANIL AGARWAL

Member Parliament (Uttar Pradesh)

SH. AJIT BALAJI JOSHI, (IAS)

(Chandigarh)

SH. TIKSHAN SUD

(Punjab)

SH. NAVIN ACHARYA

(Goa)

YOGIRAJ N. RAMALINGAM

(Tamil Nadu)

## VICE PRESIDENTS: ★

SH. GANGADHARAPPA

(Karnataka)

PROF. PRABIR KARMAKAR

(Jharkhand)

SH. MAHENDRA SHARMA

(Himachal Pradesh)

SH. B.BALACHANDARAN

(Kerala)

SH. D.C. SHARMA

(Chandigarh)

DR. KRISHNA KUMAR BORA

(Assam)

SH. R. SRIDHAR REDDY

(Telangana)

DR. SHASHIKANTH JAIN

(Dharmasthala)

SH. DEEPAK HANDA

(Jammu & Kashmir)

## TREASURER: ★

SH. O.P. MALICK

(Chandigarh)

## ZONAL SECRETARIES: ★

SH. K. PRABHU

(Karnataka-South Zone)

DR. ASIT AICH

(West Bengal- East Zone)

SH. YASH PARASHAR

(Uttar Pradesh-North Zone)

SH. CHANDRAKANT S. PANGARE

(Maharashtra-West Zone)

SH. PRABHAT CHANDRA BORA

(Assam-North East Zone)

## JOINT SECRETARIES: ★

SH. J. MANOHAR

(Telangana)

DR. SHER SINGH

(Rajasthan)

SH. GAUTAM SINHA

(West Bengal)

SH. ARVIND K. KOTNALA

(Uttarakhand)

SH. P.SASIDHARAN NAIR

(Kerala)

SH. JAI BHAGWAN

(Delhi)

## EXECUTIVE MEMBERS: ★

DR. MAHENDER SINGH

(Chandigarh)

DR. C.K. MISHRA

(Punjab)

SH. V. DASSADARAN

(Puducherry)

SH. K.I. PATEL

(Gujarat)

SH. BHUPENDRA KANT

(Madhya Pradesh)

SH. V.V. RAMA RAO

(Andhra Pradesh)

SH. DHANESH KUMAR SINHA

(Bihar)

SH. RAMESH KUMAR

(Andaman & Nicobar)

SH. SITARAM SHARMA

(Odisha)

SH. SACHCHIDANANDA

(Chhattisgarh)

Ref. No. YFI / ~~15997-16150~~

Dated: ~~26.08.2019~~

The President/Secretary,

All State/U.T. Yoga Associations, (Affiliated to Yoga Federation of India).

**Subject: Circular-44<sup>th</sup> Sub-Junior & Junior National Yogasana Sports Championship, 25<sup>th</sup> to 29<sup>th</sup> December, 2019 at The Adhyayan School, Shatabdi Nagar, Partapur, Distt. Meerut (Uttar Pradesh).**

The 44<sup>th</sup> Sub-Junior & Junior National Yogasana Sports Championship will be held at The Adhyayan School, Shatabdi Nagar, Partapur, Distt. Meerut (Uttar Pradesh) to be organized by Uttar Pradesh Yoga Association, sponsored by The Adhyayan School, Meerut (Uttar Pradesh) under the auspices of Yoga Federation of India as per Syllabus, Instructions, Rules & Regulations of the Championship laid down by Yoga Federation of India.

## Venue of the Championship:

**The Adhyayan School  
Shatabdi Nagar, Partapur,  
Meerut-250001 (Uttar Pradesh)**

**Distance from Meerut city railway station to venue – 10 km.**

## Contact for Venue and Accommodation:

### **Shri Yash Parashar**

General Secretary, Uttar Pradesh Yoga Association

Mobile No: +91-98911-01044

Email: [yashyoga91@gmail.com](mailto:yashyoga91@gmail.com)

➤ **Pickup & Drop Arrangement:** The host will take care of pick-up & drop of all the State Yoga teams from Railway Station / Bust Stand to the venue of the championship, subject to the timely information by the participating teams to the host.

**The Sub-Junior & Junior National Yogasana Sports Championship will be held in the following Six Categories:**

1. National Yogasana Sports Competition
2. National Artistic Yoga Sports Competition
3. National Artistic Pair Yoga Sports Competition
4. National Rhythmic Yoga Sports Competition
5. National Free Flow Yoga Dance Competition
6. National Professional (Women) Yogasana Sports Competition

## **1 National Yogasana Sports Competition:**

Separate Yogasana Competitions for male and female competitors will be held in the following **FIVE AGE GROUPS**. The competitor will perform all the 10 asanas as per syllabus of their respective age groups (attached separately). Competitor will maintain in each asana for **15 seconds** during the competition.

- |       |                               |   |                            |
|-------|-------------------------------|---|----------------------------|
| (i)   | <b>SUB JUNIOR GROUP - (A)</b> | - | 08-10 Years Boys and Girls |
| (ii)  | <b>SUB JUNIOR GROUP - (B)</b> | - | 10-12 Years Boys and Girls |
| (iii) | <b>SUB JUNIOR GROUP - (C)</b> | - | 12-14 Years Boys and Girls |
| (iv)  | <b>JUNIOR GROUP - (A)</b>     | - | 14-16 Years Boys and Girls |
| (v)   | <b>JUNIOR GROUP - (B)</b>     | - | 16-18 Years Boys and Girls |

**Number of Entries:** Maximum **Three Competitors** of either sex in each Age Group from each State/Union Territory Yoga Associations will be allowed to participate.

**2 National Artistic Yoga Sports Competition** : (Rules attached separately)

**3 National Artistic Pair Yoga Sports Competition** : (Rules attached separately)

**4 National Rhythmic Yoga Sports Competition:** : (Rules attached separately)

**Age Groups:-** The Artistic Yoga, Artistic Pair Yoga and Rhythmic Yoga Competition will be held in the **8-18 years age groups**.

**Number of Entries:** **Two Entries** from each State/Union Territory Yoga Associations/Unit in each category separately will be allowed to participate.

## **5 NATIONAL FREE FLOW YOGA DANCE COMPETITION:**

**Age Group:** **8 to 18 YEARS**

**Number of Entries:** Only one team from one State / Union Territory consisting of **5 players** either all boys or all girls or boys and girls mixed can participate in the National Free Flow Yoga Dance Competition in the **Age Group: 8 to 18 years**.

**Note:-**Only those Yoga players who are participating in National Yogasana Competition can participate in Artistic Yoga, Artistic Pair Yoga, Rhythmic Yoga and Free Flow Yoga Dance Competition. Thus the total strength of Yoga Players from each unit should not exceed 30 (15 Boys & 15 Girls) plus Wild Card Entry Players, if any.

**Wild Card Entry in the National Yoga Sports Championship:-**

Asian and World Yoga Championship Participants of the current session may be allowed to participate directly in the National Yoga Sports Championship through **WILD CARD ENTRY** during that particular session only, in addition to the other three participants of that particular age group of their State Yoga Team already selected through their respective State Yoga Sports Championship.

**Note: For Wild Card Entry, the player has to get the permission from the President, Yoga Federation of India, for participation in the National Yoga Sports Championship through their State Secretary.**

**Separate Entry Proforma should be filled for Wild Card Entry Players.**

## **6 NATIONAL PROFESSIONAL YOGASANA COMPETITION (FEMALE):**

**Age Group:** Separate Professional Yogasana Competition (Female) competitors will be held in **following two Age Groups**.

- 1. 21-30 years - (Female)**
- 2. Above 30 years - (Female)**

**Note:** Only National Yoga Referees of Yoga Federation of India are eligible to participate in the Professional Yogasana Competition (Female) as per the Syllabus of the Competition of their group. Competitor will maintain in each asana for **15 seconds** during the Competition.

**Number of Entries:** Maximum three competitors (Female) from one State will be allowed to participate in each age group (National Yoga Referees only).

**Note: The Competitor (National Yoga Referee) can participate either in the Professional Yogasana Competition or in the Yogasana Competition of the Senior Age Groups i.e. 18-21 years, 21-25 years, 25-30 years, 30-35 years, 35-45 years and above 45 years.**

**Date of Birth:-**

The cut out date for the age group of the player will be as stands on **31<sup>st</sup> December of the session of the Championship i.e. 31.12.2019** of the session (2019-20) for National /Federation Cup/ Zonal / State / District Yoga Sports Championship.

**Age of Participant should be as on or in between the dates mentioned below, for their respective age groups:-**

<b><u>Age Groups</u></b>		<b><u>Age as on or in between</u></b>	
<b>Sub Junior Group - (A)</b>	- 08-10 Years -	01.01.2010	- 31.12.2011
<b>Sub Junior Group - (B)</b>	- 10-12 Years -	01.01.2008	- 31.12.2009
<b>Sub Junior Group - (C)</b>	- 12-14 Years -	01.01.2006	- 31.12.2007
<b>Junior Group- (A)</b>	- 14-16 Years -	01.01.2004	- 31.12.2005
<b>Junior Group- (B)</b>	- 16-18 Years -	01.01.2002	- 31.12.2003
<b>Artistic Yoga Single Junior</b>	8-18 Years	01.01.2002	- 31.12.2011
<b>Artistic Yoga Pair Junior</b>	8-18 Years	01.01.2002	- 31.12.2011
<b>Rhythmic Yoga Junior</b>	8-18 Years	01.01.2002	- 31.12.2011
<b>Free Flow Yoga Dance (J)</b>	8-18 Years	01.01.2002	- 31.12.2011
<b>Professional Yogasana (W)</b>	21- 30 Years	01.01.1990	- 31.12.1998
<b>Professional Yogasana (W)</b>	above 30 Years	--	- 31.12.1989

**Dress of Participants:-**

**Male Competitor:** The male competitors will wear skin tight Sports Shirt and Short in the Yoga Competition and attractive costume in the Artistic, Artistic Pair, Rhythmic and Free Flow Yoga Dance Competition during National Yoga Sports Championship.'

**Female Competitor:** The female competitors will wear skin tight Sports Shirt and Shorts/Gymnastics Costume in Yogasana Competition and attractive costume (without skirts/ frills) in the Artistic Yoga, Artistic Pair Yoga, Rhythmic Yoga and Free Flow Yoga Dance Competition however Professional Yogasana Competitors may wear tight track bottom and tight Sport Shirt during the National Professional Yogasana Competition.

**Dress Code for National Yoga Referees:** All the National Yoga Referees (Male/Female) will be in the dress code i.e. Sky Blue Shirt & Black Pant with Tie of the Yoga Federation of India, during National Yoga Sports Championship (Colour of Shirt is available at the website of Yoga Federation of India [www.yogafederationofindia.com](http://www.yogafederationofindia.com)). However, ladies referees may wear Sky Blue Saree & Blouse, if they want.

**Entry/Affiliation Fee:-**

Entries should be sent along-with the Affiliation Fee, Entry Fee and Player Registration Fee as detailed given below, through Bank Draft, drawn in favour of Yoga Federation of India, payable at State Bank of India, Panchkula, along with Entry Performa and Player Registration Enrolment Form (duly filled) for new players, to the office of Yoga Federation of India at Flat No.501, GHS-93, Sector 20, Panchkula-134116 (Haryana) by **25<sup>th</sup> November, 2019 positively, after that computer will not accept any entry.**

<b>Annual Affiliation Fee</b>	:	Rs. 5,000/- (if already not paid)
<b>Entry Fee</b>	:	Rs. 200/- Per Event, Per Competitor
<b>Player Registration Fee</b>	:	Rs. 100/- Each (for new players)
<b>National Yoga Referee Examination fee</b>	:	Rs. 2000/-
<b>National Yoga Referee Up-Gradation Examination fee</b>	:	Rs. 2000/-
<b>Late Entry Fee</b>	:	Rs. 200/- per competitor
<b>Non Submission of Medical/ Risk Certificate</b>	:	Rs. 100/- per competitor
<b>Wild Card Entry Registration Fees</b>	:	Rs. 2000/- per competitor

**Note:-** The State Secretaries are advised to mail the entry proforma duly filled in **Excel File (XLSM) (attached)** by 25<sup>th</sup> November, 2019 to the Office of Yoga Federation of India at Email: [yfiashok2000@yahoo.co.in](mailto:yfiashok2000@yahoo.co.in) with an intimation to **Shri Yash Parashar**, General Secretary, Uttar Pradesh Yoga Association, Email: [yashyoga91@gmail.com](mailto:yashyoga91@gmail.com) Mobile No: +91-98911-01044 otherwise double entry fees will be charged as per the decision of the Yoga Federation of India.



**For any query regarding filling/ sending of entry proforma please contact :**

**Mr. Harish Chitkara (Mobile) +91-9779108658, Email: [harish.chitkara@gmail.com](mailto:harish.chitkara@gmail.com).**

#### **Medical Fitness Certificate:**

The Medical Fitness Certificate of the player is compulsory. Each player will submit Medical Fitness Certificate at least from M.B.B.S. Doctor, to the Scorer before their performance during the Championship.

**Note:-** **Nobody will be allowed to participate in the championship without submitting Medical Fitness Certificate.**

#### **Risk Certificate/Declaration/Undertaking by the Competitor:-**

State Secretary will submit Risk Certificate / Declaration / Undertaking Forms duly filled by each Yoga Player of their state duly **signed by the parents of the participants**, to the scorer before their performance during the competition (attached format).

#### **Player Registration Card:-**

- Secretaries, State Yoga Associations are requested to ensure that Yoga Players of their states participating in the 44<sup>th</sup> Sub- Junior & Junior National Yogasana Sports Championship must have **Player Registration Card** issued by Yoga Federation of India with them.
- Players who have still not got their Player Registration Card are advised to fill the Enrolment Form (**attached**) for Player Registration Card with latest Passport size Photograph pasted on form alongwith xerox copy of their date of birth certificate by **25<sup>th</sup> November, 2019 positively.**

#### **Photographs of Players:**

Each player should bring **EIGHT latest coloured Photographs of 2.5 x 3 cm** while coming for their performance during the Championship, the same to be pasted on the Participation/Merit Certificate of the player.

#### **Photographs of Officials:**

Each Official should have **Two latest coloured Photographs of 2.5 x 3 cm** with them, the same to be pasted on the Souvenir Certificate for officials.

### **National Yoga Seminar:**

The Yoga Federation of India will also conduct National Yoga Seminar on 28<sup>th</sup> December, 2019 at 04:00 PM, during the said Championship at Meerut (Uttar Pradesh). For that atleast One or Two Speaker from each State from amongst the officials/referees accompanying the State team will present their paper on any of the following topics given below:-

1. Yoga for Emotional Coping in Adolescence
2. Role of Yoga in Stress Management
3. Place of Yoga in the field of Games & Sports.
4. Yoga and Health

### **National Yoga Referee Examination/ National Yoga Referee up-gradation Examination:**

The National Yoga Referee Examination/ National Yoga Referee up-gradation Examination will be conducted during the said championship on 26<sup>th</sup> December, 2019 at 03:00 PM Meerut (Uttar Pradesh). The State Secretaries are advised to send Enrolment Form (duly filled) of interested candidates who wants to appear for the said examination along with fees of Rs. 2000/- each, that can be sent by Bank Draft, drawn in favour of Yoga Federation of India, payable at State Bank of India, Panchkula by 25<sup>th</sup> November, 2019 positively.

#### **Note:**

1. Last date for submission of Enrollment form for National Yoga Referee Examination/National Yoga Referee Up-gradation Examination by hand on 25<sup>th</sup> December, 2019 at the venue of the Championship at Meerut (Uttar Pradesh).
2. The Syllabus for the National Yoga Referee /Up-Gradation Examination is available on the website of Yoga Federation of India i.e. [www.yogafederationofindia.com](http://www.yogafederationofindia.com).
3. The candidates appearing for National Yoga Referee Examination must be graduate atleast (Xerox copy of graduation certificate must be attached alongwith the enrollment form)
4. National Yoga Referee awarded 'C' grade certificate can appear for 'B' grade National Yoga Referee Examination and National Yoga Referee awarded 'B' grade certificate can appear for 'A' grade National Yoga Referee Examination only after a minimum gap of two years and must have acted as referee in National Yoga Sports Championship being organized by Yoga Federation of India atleast once during that period.

#### **Photographs:**

The candidates appearing for National Yoga Referee Examination and National Yoga Referee Up-Gradation examination should have two coloured photographs of 2.5x 3 cm with them, one to be pasted on the enrolment form and other for National Yoga Referee Certificate to be awarded by Yoga Federation of India to the Referees who will qualify the exams.

**Sequence of the draw:** Sequence of the drawn drawn during Technical Officials Meeting of Yoga Federation of India held on 18<sup>th</sup> November, 2018 at Patiala, Punjab, to be followed in the 44<sup>th</sup> Sub Junior & Junior National Yoga Sports Championship will be as under:-

1. Tamil Nadu
2. Madhya Pradesh
3. Andaman & Nicobar
4. Haryana
5. Sikkim
6. Delhi
7. Telangana
8. Uttar Pradesh
9. Himachal Pradesh
10. Mizoram
11. Tripura
12. Rajasthan
13. Punjab
14. Andhra Pradesh
15. Nagaland
16. Kerala
17. Goa
18. Chandigarh
19. Puducherry
20. Chhattisgarh
21. AIPSCB
22. Karnataka
23. Uttarakhand
24. Jharkhand
25. Manipur
26. Jammu & Kashmir
27. Meghalaya
28. Gujarat
29. Arunachal Pradesh
30. West Bengal
31. Bihar
32. Maharashtra
33. Odisha
34. Assam
35. Army

**For any technical query please contact:**

**Mrs. Indu Aggarwal,**

Senior Vice-President & Director Competition, Yoga Federation of India.

Mobile: +91-94174-66398, +91-94174-14741, Email: [yfiashok2000@yahoo.co.in](mailto:yfiashok2000@yahoo.co.in)

**Information about State Team**

Please send the detail given below to the following by 25<sup>th</sup> November, 2019 positively.

Number of Male Players	:	_____
Number of Female Players	:	_____
Number of Male Officials	:	_____
Number of Female Officials	:	_____
Number of YFI Qualified Referees	:	_____
Number of Officials appearing for Yoga Referee examination	:	_____
Number of Officials appearing for Yoga Referee Up-gradation examination	:	_____
Date & Time of Arrival at Meerut City (Uttar Pradesh)	:	_____
Train Name & No.	:	_____

1. **Sh. Ashok Kumar Aggarwal**, President, Yoga Federation of India,  
Mobile: +91-94174-14741, E-mail: [yfiashok2000@yahoo.co.in](mailto:yfiashok2000@yahoo.co.in)
2. **Sh. Sanjay Jha**, Secretary General, Yoga Federation of India,  
Mobile: +91-94315-80782, Email: [tkjharanchi@gmail.com](mailto:tkjharanchi@gmail.com)
3. **Sh. Raman Kumar**, Organising Secretary, Yoga Federation of India,  
Mobile: +91-94173-62848, Email: [:ramanyogi77@gmail.com](mailto:ramanyogi77@gmail.com)
4. **Shri Yash Parashar**, General Secretary, Uttar Pradesh Yoga Association,  
Mobile No: +91-98911-01044, Email: [yashyoga91@gmail.com](mailto:yashyoga91@gmail.com)

**N.B.:- The State Secretary who will not send the said information in time to the officials mentioned above, the host will not be responsible to arrange accommodation, transportation and food to their team.**

**Arrival of Teams:**

The State teams should make sure to reach at Meerut (Uttar Pradesh) by 25<sup>th</sup> December, 2019 in the morning as the inauguration ceremony of the 44<sup>th</sup> Sub-Junior & Junior National Yogasana Sports Championship will be held on the same day i.e. 25<sup>th</sup> December, 2019 in the evening at 03:00 p.m. followed by Technical Officials Meeting and General Body Meeting of Yoga Federation of India.

**Technical Officials Meeting:**

The meeting of Technical Officials will be held on 25<sup>th</sup> December, 2019 at 05:00 p.m. at the Venue of Championship. All the National Yoga Referees of the Yoga Federation of India are advised to attend the said Technical Official Meeting.

**GENERAL BODY MEETING:**

The General Body Meeting of Yoga Federation of India will be held on 25<sup>th</sup> December, 2019 at 06:00 p.m. at the Venue of Championship.

**Note:- The Office bearers of Yoga Federation of India and authorized voter i.e. President and Secretary, State/U.T. Yoga Associations (affiliated to Yoga Federation of India) or their representative with authority letter will be authorized to attend the General Body Meeting of Yoga Federation of India to be held on 25<sup>th</sup> December, 2019 at 06:00 p.m. at the Venue of Championship.**

**Laptop with Operator:**

Each State / Union Territory Yoga Association must bring **One or Two Laptops** in good working condition with Operator amongst the National Yoga Referees to assist the computerized programming of the Championship.

**State Yoga Sports Championship:**

The Secretaries, State /Union Territory Yoga Associations are advised to conduct their State Yoga Sports Championship by 30<sup>th</sup> September, 2019 positively and also invite the Zonal Secretary of their respective Zone to witness the championship as observer of the Yoga Federation of India. The TA/DA of the Zonal Secretary will be paid by the host State Yoga Association. The Zonal Secretaries will send the complete report alongwith the results of the State Yoga Sports Championship to the President/Secretary General, Yoga Federation of India immediately after the completion of the State Yoga Sports Championship.

**Zonal Yoga Sports Championship**

The Zonal Secretaries of Yoga Federation of India are advised to conduct the Zonal Yoga Sports Championship of their respective Zone during the session 2019-20 and send the report of the Zonal Yoga Sports Championship to the President/Secretary General, Yoga Federation of India.

**Your whole hearted participation and co-operation is requested. Please acknowledge the receipt of this letter.**



**(Ashok Kumar Aggarwal)**

President

Yoga Federation of India

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e-mail: [yfiashok2000@yahoo.co.in](mailto:yfiashok2000@yahoo.co.in)

website: [www.yogafederationofindia.com](http://www.yogafederationofindia.com)

**Copy to the following for information and necessary action please:-**

1. **Hon'ble Union Sports Minister**, Ministry of Youth Affairs & Sports, GOI, New Delhi.
2. **Hon'ble Union Minister**, Ministry of AYUSH, Govt. of India, New Delhi.
3. **The Secretary**, Ministry of Youth Affairs & Sports, Govt. of India, New Delhi.
4. **The Secretary**, Ministry of AYUSH, Govt. of India, New Delhi.
5. **The Secretary**, Sports Authority of India, New Delhi.
6. **The President/Secretary General**, Indian Olympic Association, New Delhi.
7. **The President/Secretary**, International Yoga Federation.
8. **The Director General**, Sports Authority of India, New Delhi.
9. **The Director General**, Netaji Subash National Institute of Sports, Patiala (Punjab).
10. **The Director**, Morarji Desai National Institute of Yoga Email: [mdniy@yahoo.co.in](mailto:mdniy@yahoo.co.in).
11. **The President/Secretary**, Association of Indian Universities, New Delhi.
12. **The President/Secretary**, School Games Federation of India.
13. **The President/Secretary**, Central Board of Secondary Education, New Delhi.
14. **The Director/Secretary**, All State Sports Departments/Councils.

15. **The Director**, Sports & Youth Affairs Department, Govt. of Uttar Pradesh.
16. **The President/Secretary**, All State Olympic Associations.
17. **The President/ Secretary**, Uttar Pradesh State Olympic Association.
18. **Office Bearers**, Yoga Federation of India.
19. **Shri Sanjay Jha, Secretary General**, Yoga Federation of India, Mobile: +91-9431580782 Email: [tkjharanchi@gmail.com](mailto:tkjharanchi@gmail.com).
20. **Shri Raman Kumar**, Organizing Secretary, Yoga Federation of India, Mobile: +91-94173-62848, Email: [ramanyogi77@gmail.com](mailto:ramanyogi77@gmail.com).
21. **The Zonal Secretaries**, Yoga Federation of India with a request to ensure that the information of the State Yoga Associations of their respective Zone, as required above will be sent to the undersigned as well as to the host before the last date of entry.
22. **The National Yoga Referees** of Yoga Federation of India with a request to attend the technical officials meeting on 25<sup>th</sup> December, 2019 at 5:00 p.m. at venue of the championship and to assist the federation for the successful organization of this championship.
23. **Dr. Anil Agarwal**, Member Parliament (Rajya Sabha), President, Uttar Pradesh Yoga Association and Organizing Chairman of the Championship.
24. **Shri Pranshu Kumar**, Organizing President of the Championship, Chairman, The Adhyayan School, Meerut (U.P.) and Vice President, Uttar Pradesh Yoga Association.
25. **Shri Yash Parashar**, General Secretary, Uttar Pradesh Yoga Association, Mobile: +91-98911-01044 Email: [yashyoga91@gmail.com](mailto:yashyoga91@gmail.com)



**(Ashok Kumar Aggarwal)**

President

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